

# Fondy Tennis Lessons

Fond du Lac High School

McKannah - (920) 251-6535



## Summer II Session: July 20 - August 19, 2026

Mondays: 7/20, 7/27, 8/3, 8/10 & 8/17

Rain Date: 8/24

Wednesdays: 7/22, 7/29, 8/5, 8/12, 8/19

Rain Date: 8/26

### Mighty Mites Tennis (ages 5-7)

Mondays 4:00-4:30 pm	# of lessons - 5	\$55	McKannah
Wednesdays 4:00-4:30 pm	# of lessons - 5	\$55	McKannah

### Grade School Tennis (ages 8-10)

Mondays 4:00-4:50 pm	# of lessons - 5	\$70	Laurie
Wednesdays 4:00-4:50 pm	# of lessons - 5	\$70	Laurie

### Middle School Tennis (ages 11-13)

Mondays 4:50-6:00 pm	# of lessons - 5	\$85	Laurie
Wednesdays 4:50-6:00 pm	# of lessons - 5	\$85	Laurie

### High School Tennis (ages 14-18)

Mondays 4:30-6:00 pm	# of lessons - 5	\$95	McKannah
Wednesdays 4:30-6:00 pm	# of lessons - 5	\$95	McKannah

### Advanced Cardio Tennis

Tuesdays 6-7:30pm	\$26	John
Saturdays 9-10:30am	\$26	John

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## Registration Form - Summer II 2026

Student(s) Name: \_\_\_\_\_ Parent's Email: \_\_\_\_\_

Student(s) Date of Birth: \_\_\_\_\_ Parent's Cell # \_\_\_\_\_

Clinic(s): \_\_\_\_\_ Fee Enclosed: \_\_\_\_\_

Send registration form and fee to: **Topspin Tennis LLC**, 817 Reed Street, Plymouth, WI 53073

or email me your information to [johnfrausto@gmail.com](mailto:johnfrausto@gmail.com) and Pay Via Venmo @johnfrausto (0751 last four digits of my cell)

## **LEVEL DESCRIPTIONS**

### **Mighty Mites (Ages 4-6)**

These classes introduce your child to the fundamentals of tennis. Basic stroke techniques along with running, striking, catching and tossing skills are incorporated.

### **Grade School (Ages 7-10)**

Perfect for beginner and early intermediate players, this class teaches the fundamentals of tennis in a fun, skill-building format. Players will learn basic strokes, footwork, and rallying techniques, progressing toward consistent baseline rallies and an introduction to serving. No prior experience needed.

### **Middle School (Ages 11-13)**

Ideal for players with some tennis experience, this class builds on foundational skills with an emphasis on rally consistency, serve technique, and point play. Players will develop better court awareness and begin to incorporate basic strategies in singles and doubles.

### **High School (Ages 14-18)**

For competitive middle school, JV, and varsity-level players looking to elevate their game. Sessions focus on high-intensity drilling, singles and doubles tactics, match play, and mental toughness. Conditioning and strategic development are core components of this performance-based class.

### **Intermediate/Advanced Cardio Tennis (Adults)**

Get your heart pumping and your racquet swinging! This fast-paced class is perfect for intermediate and advanced adult players who want to hit lots of balls, improve footwork, and enjoy a high-energy workout set to upbeat music. Come ready to sweat and have fun!

### **Clinic Policies:**

- Players must register for the entire session.
- Fees will be prorated for those who begin the program late.
- In case of rain, parents will be notified by **text** if a class is canceled.
- Each class must have a minimum of four students in order to run.

**For more information, email John Frausto at [johnefrausto@gmail.com](mailto:johnefrausto@gmail.com)**

*“We will improve, work hard and have fun!”*

[www.fondytennis.com](http://www.fondytennis.com)