## **Fondy Tennis Lessons**

Fond du Lac, WI 54935 John - (920) 860-0751 Razor - (920) 917-2235



## Fall Session: September 5 - October 7, 2023

McDermott Park - Tuesday classes: 9/5, 9/12, 9/19, 9/26 & 10/3 Rain make-up date: 10/10 Fond du Lac HS - Saturdays: 9/9, 9/16, 9/23, 9/30 & 10/7 Rain make-up date: 10/14

	Saturday 11:00am-12:10pm	# of lessons - 5	\$85	John	
Advai	Saturday 9:00 - 10:25am Tuesday 6:00 - 7:25pm	\$25 per class \$25 per class		John John	
Registration Form - Fall 2023					
Student(s) Name:		Parent's Email:			
		Parent's Cell #			
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<u>Send registration</u> form and fee to: **Topspin Tennis LLC**, 817 Reed Street, Plymouth, WI 53073 or email me your information to <u>john@topspintennis.com</u> and **Pay Via Venmo** @johnfrausto

## **Level Descriptions:**

<u>Mighty Mites</u>: These classes introduce your child to the fundamentals of tennis. Basic stroke techniques along with running, striking, catching and tossing skills are incorporated.

<u>Level 1</u>: For beginning players with little to no prior experience. This class focuses on basic stroke development.

<u>Level 2</u>: Players should be able to establish a rally from the baseline and serve consistently.

<u>Level 3</u>: For elementary level players who have entry level match and tournament play. This class focuses on strokes, strategy, and mental toughness skills.

<u>Level 4</u>: For ranked elementary players and advanced junior players. This class focuses on the continuation of developing strokes, strategy, and mental toughness skills.

<u>JV/Varsity Hit Group</u>: For higher level middle school players, JV and Varsity Level Players. Singles and Doubles tactics along with match play are emphasized. Mental toughness and conditioning are incorporated.

<u>Intermediate/Advanced Cardio Tennis Drill:</u> Designed for adults at an intermediate/advanced level. This class is suited for those players looking to hit a lot of tennis balls and get a great workout to some rocking tunes!

## **Clinic Policies:**

- Players must register for the entire session.
- Fees will be prorated for those who begin the program late.
- In case of rain, parents will be notified by **email or text** if a class is canceled.
- Each class must have a minimum of four students in order to run.

For more information, email John Frausto at john@topspintennis.com

"We will improve, work hard and have fun!"

www.fondytennis.com